

## CEED Service Development & Training Packages Options 2015

CEED is considering offering a service development and training strategy that attempts to assist scoping the needs and plan with services for eating disorders responses. This would involve offering the preparatory service meetings, an intensive (3 to 5 days) training package to a metro/regional service system, and the ongoing support to clinicians as new therapies and service systems are embedded. There is an expression of interest (EOI) process that enables CEED and the service region to develop a training package that strengthens and builds a multidisciplinary team for eating disorders. Below is a brief draft of the training package options and the possible and the timeline for development of a strategy and implementation.

Service & Training Activity	Estimated Hrs	Yes/No
<b><i>Child &amp; Youth Mental Health Services Package Options</i></b>		
Service Review of Eating Disorders system of care, treatment and training needs.	4 x 1.5 hrs meetings with key stakeholders	
Online Training - for any clinician	10 to 15 hrs Online Training	
FBT – Introduction Training	2 days (with Prerequisite online training)	
FBT Advanced – 1 day training	1 day	
CYMHS Community Peer Group Supervision	1.5 hrs F/N to Monthly for 12 months	
Building Hope – Collaborative Carer Skills Workshops (in association with EDV & Deakin University)	2 hrs Introductory Overview of model 8 hrs supervision	
Community Medical Monitoring - Paediatrics & GP's (in association with EDV)	2 hrs	
Inpatient Psychiatric Eating Disorders Management – Psychiatric & Nursing	3 hrs	
Inpatient Medical Eating Disorders Management – Paediatrics Medical, Nursing & Dietetics	3 hrs	
<b><i>Adult Mental Health Services Package Options</i></b> <b>(In collaboration with regional Adult Specialist Eating Disorder Services)</b>		
Service Review of Eating Disorders system of care, treatment and training needs.	3 x 1.5 hrs meetings with key stakeholders	
Online Training – for any clinician	10 to 15 hrs Online Training	
CBT-E – Introduction	1 Day (with Prerequisite online training)	
CBT-E – Advanced	4 hrs	
SSCM – Introduction	1 Day (with Prerequisite online training)	
AMHS Community Clinicians Peer Group Supervision	1.5 hrs F/N to Monthly for 12 months	
Building Hope – Collaborative Carer Skills Workshops (in association with EDV & Deakin University)	2 hrs Introductory Overview of model 8 hrs Supervision	
Community Medical Monitoring (GP's) (in association with EDV & Deakin University)	2 hrs	
Inpatient Psych Eating Disorders Management – Psychiatric and Nursing	3 hrs	
Inpatient Medical Management – Medical and Nursing	3 hrs	
Building Hope – Collaborative Carer Skills Workshops (in association with EDV & Deakin University)	2 hrs Introductory Overview of model 8 hrs supervision	
<b>Other Training Options</b>		
Emergency and Psychiatry Consultation Liaison	2hrs	