

Webinar Temperament Based Therapy with Supports (TBT-S)



EDFA. Along with our state partners*, is very proud to present the next issue of our webinar series on TBT-S. This webinar's topic is:

“How do DBT and RO-DBT Relate with TBT-S? with Dr Laura Hill and Tanya Gilmartin of CEED



When : 10:30 pm – 12:00 pm Eastern
Aust. time, 19th October 2022

[BOOK NOW](#)

At this webinar, Dr Hill joins with Tanya Gilmartin of CEED to explore the topic of; How DBT & RO-DBT relate to TBT-S

Dr Laura Hill and Tanya Gilmartin will discuss how Dialectical Behavioral Therapy (DBT) and Radically Open Dialectical Behavioral Therapy (RO-DBT) skills relate with Temperament Based Therapy with Support (TBT-S) skills, and how each treatment approach addresses temperament and the role of supports. Within the webinar, the presenters will discuss the frameworks from each treatment, and how aspects of each can be integrated into the therapeutic process for clients with all eating disorder diagnoses. More specifically, TBT-S formulates treatment based on an individual's unique trait profile and explores how each of these traits are expressed on a continuum from productive to destructive. On the other hand, DBT and RO-DBT have been developed to target maladaptive coping styles, which consist of a network of destructive trait expressions. Taken together, DBT and RO-DBT skills can therefore be used alongside TBT-S tools to enhance management of eating disorders. Finally, the role of supports from each approach will be explored within the webinar. The speaker's welcome clinician questions and to engage in the discussion. Please have your questions and comments ready for an active discussion.

To facilitate claiming of PD points, certificates of attendance and the learning objectives will be provided to attendees.

The webinar will be recorded and made available to everyone who purchases a ticket.

Price \$55.00 Incl GST **Booking link <https://www.trybooking.com/CAZPE>**

[BOOK NOW](#)

* EDFA greatly appreciates the support of our state partners:

- Queensland eating Disorder service (QuEDS)
- Inside Out Institute
- Victorian Centre for Excellence in Eating Disorders (CEED)
- Statewide Eating Disorder Service (SEDS)
- Western Australian Eating Disorder Outreach Consulting Service (WAEDOCS)

Dr Laura Hill, Ph.D. FAED, LLC

Biography

Dr. Laura Hill is an international eating disorder consultant focusing on brain-based eating disorder treatment approaches for professionals, now named Temperament Based Therapy with Supports. She is also a Clinical Assistant Professor in the Department of Psychiatry at The Ohio State University. She is one of the original founders of the Academy for Eating Disorders in 1993 and was Director of The National Eating Disorder Organization, now known as NEDA (National Eating Disorders Association), from 1990 to 1994. In addition she was the founder, President & Chief Executive Officer of The Center for Balanced Living from 2000 to 2017. She has researched eating disorders since the early 1980's and has been publishing in peer reviewed journals since that time with increasing focus on biological and brain-based research and treatment for eating disorders. She has helped lead the development of a new, brain-based treatment for anorexia nervosa with colleagues at the University of California, San Diego (UCSD) and The Center for Balanced Living; who were recipients of the Feeding Hope award by the National Eating Disorder Association (NEDA). In addition, Dr. Hill is the recipient of the Muskingum University Distinguished Service Award in 2014 and the NEDA 2011 Lori Irving Award for Excellence in Eating Disorders Prevention and Awareness. She was a 2012 TEDx speaker and has spoken internationally for over 35 years. She is the author of, "A Brain-Based Approach to Eating Disorder Treatment," (Sept. 2017) an interactive electronic text for treatment providers to integrate the brain bases of eating disorders into their ongoing treatment practices. <https://www.brainbasedeatingdisorders.org>.

Tanya Gilmartin

Biography

Tanya is a Senior Clinical Psychologist with a history of working with individuals with eating disorders, in addition to supervising other clinicians in their work with eating disorders. She also has an extensive history working with individuals who have personality disorders from a DBT and RO-DBT framework. Tanya is passionate about understanding the factors that may underlie the development of an eating disorder and understanding the holistic picture of a client rather than just a clinical diagnosis. She uses this philosophy as a framework to guide her clinical work. Tanya currently works at the Victorian Centre for Excellence in Eating Disorders (CEED) where she provides training and consultation to a range of clinicians. In addition to this, she works in private practice and is conducting research into the relationship between personality and disordered eating.

Webinar Recording

This webinar is designed for clinicians working in the field of eating disorders.

The webinar will be recorded and made available to everyone who purchases a ticket to the webinar and other clinicians who choose to purchase the recording. EDFA May choose to make the recording available to selected carers where EDFA is satisfied it is appropriate to do so.

Anonymity.

The webinar will be conducted so that the identity of the participants remains anonymous. Questions and answers will be processed through the moderator. Any identification of participants during discussion if required, will be limited to first name only.

Temperament Based Treatment with Supports (TBT-S) Training

The TBT-S Training Institute is now operational with online training available <https://tbtstraining.com/>

The TBT-S treatment manual is now available. Visit this TBT-S training institute page for links to Cambridge University Press and Amazon <https://tbtstraining.com/tbt-s-training%2Fenroll>